

MISS MEYERS

Miss Meyers, can you just answer me just one question? ... Why is it that I have to take P.E. every stinking year, because really...I want to know. I mean every year, it's exactly the same, I'm forced to humiliate myself in front of the rest of the class. It's not so bad for the kids who are athletes, but for the rest of us, like me, it's not so easy.

(Beat)

Yes, Miss Meyers...I know, I know...P.E. is just as important as algebra and biology, and yes I agree that you should get a grade based on your abilities and skills. But everyone has to take the same class! They don't have "Basic P.E." like they have "General Science" or "Basic Math"...that would be a whole different subject completely! And why do we have to rotate activities all the time, why can't we stick with one thing for a while, that way I could redeem myself by getting better at something. Soccer and Basketball aren't so bad, but this body shouldn't be on a balance beam during gymnastics. I just become entertainment for the rest of the class. School is humiliating enough without coming in five minutes after everyone else during the mile run...while they're showered and going to lunch, I'm just crossing the finish line. I already know the theory around fitness...it-is-a-part-of-a-well-rounded-education. But the least they could do is level the playing field for everyone. I know there's not much you can do for me, but thanks, for at least letting me get that off my chest...See you in the gym.

Source: Shaping Up, by Steven Dietz